



MISSISQUOI VALLEY RAIL TRAIL

NORTHWEST VERMONT RAIL TRAIL COUNCIL

c/o Northwest Regional Planning Commission
75 Fairfield Street • St. Albans, VT 05478
Phone: 802-524-5958 • Fax: 802-527-2948

APPOINTED MEMBERS

St. Albans City
Jim Smith

St. Albans Town
Robert Bessette

Swanton
Vacant

Fairfield
Jane Williams

Sheldon
Marie Brouillette

Enosburgh Town
Robert Gervais, Sr.

Enosburgh Falls
Ellen Stanley

Berkshire
Carol Hickey

Richford
Phyllis Tiffany

VAST
Mark Bushey

At Large
Don Mueller
Alisha Sawyer
David Stanley
Cynthia Scott

Ex-Officio

VT Agency of
Transportation

Northwest Regional
Planning Commission

VT Dept. of Forests,
Parks, & Recreation

Meeting Monday, March 18, 2019, 6:00 p.m.
Northwest Regional Planning Commission
75 Fairfield Street, St. Albans, VT

AGENDA

1. Meeting Minutes

Discussion and vote to approve minutes (enclosed) from our meeting held January 14, 2019.

2. St. Albans Messenger – Tom Benton, opportunity for Council to publicize the trail

3. MVRT-Marketing/Wayfinding Kickoff, Drew Pollak-Bruce, SE Group (details included).

4. Bikeathon- "Ken's Ride, Ride of Hope" May 11th. 8 am-12 pm St. Albans to Sheldon, hosted by Janis Appel (see attached Facebook details)

5. Updates

- Trail Maintenance (K. Schnell, Vtrans)
- Reminder Green Up Day – May 4th
- VAST (M. Bushey)

6. Other Business

7. Next Meeting

Monday, May 20, 2019.

For more information, contact Bethany Remmers,
at 524-5958 or bethany@nrpcvt.com.
Council members, if you are unable to attend the meeting, please
advise Amy Adams at aadams@nrpcvt.com or 524-5958.



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Minutes of Meeting held Monday, January 14, 2019 Sheldon Elementary School Library Sheldon

Present: Dave Stanley, Mark Bushey, Bethany Remmers, Robert Bessette, Carol Hickey, Don Mueller, Cynthia Scott, Ellen Stanley, M. Brouillette and Amy Adams.

Chair Dave Stanley called the meeting to order at 6:03 p.m.

MEETING MINUTES

C. Scott moved to accept the minutes of the November 19, 2018 meeting as written; seconded by D. Stanley. Motion passed.

FINANCIAL REPORT-

C. Scott presented the 4th quarter 2018 financial report (Oct 1, 2018 – Dec 31, 2018). *M. Brouillette moved to accept the 4th quarter report as presented; seconded by M. Bushey. Motion passed.*

ANNUAL MEETING

Election of members-at-large

D. Stanley conducted the election of the members-at-large. C. Hickey nominated a slate of 4 candidates: D. Mueller, A. Sawyer, D. Stanley and C. Scott. There being 4 nominees for 10 member-at-large positions. *D. Stanley moved to cast a ballot to elect all 4 nominees; seconded by R. Bessette. Motion passed.*

Election of Officers for 2019

C. Hickey conducted the election of Chair. C. Hickey nominated D. Stanley for the office of Chair. No other nominations were made. D. Stanley conducted the election of Vice-Chair and Secretary/Treasurer. C. Scott nominated C. Hickey for the office of Vice Chair; M. Brouillette nominated C. Scott for the office of Secretary/Treasurer. No other nominations were made for the positions. *M. Brouillette moved to elect all 3 nominees; seconded by R. Bessette. Motion passed.*

D. Stanley was elected as Chair. C. Hickey was elected as Vice Chair. C. Scott was elected as Secretary/Treasurer.

FRIENDS OF MVRT 2018

A.Adams advised that 25 Friends renewed their membership and 1 new member joined (total of 26 Friends); and received \$1,830 in membership dues. Membership and dues are down from 2017.

2019 ACTIVITIES

- **GREEN UP DAY, MAY 4th** – Volunteers will be needed for certain areas of the trail/parking areas. A. Adams will provide green up supplies at the March meeting. C. Scott, J. Williams, E. Stanley, M. Brouillette and C. Hickey offered to volunteer for the Enosburg and Berkshire areas.
- **WELCOME CENTERS** - C. Scott made a motion that we renew our contract to have RT Guides distributed through the VT Welcome Centers; seconded by D. Stanley. Motion passed. Council's approval will be sought should the cost exceed \$400.
- **FRANKLIN COUNTY GUIDE** - C. Hickey made a motion that we renew our advertisement in the 2019 Franklin County Guide; seconded by R. Bessette. Motion passed. Council's approval will be sought should the cost exceed \$625 (1/4 page ad plus Chamber membership dues).
- **PEDAL/PADDLE** – This Northern Forest Canoe Trail event will take place on Saturday, June 22nd sponsored by the Northern Forest Canoe Trail, volunteers are needed to help with the pedal portion. D. Mueller, R. Bessette and C. Scott offered to volunteer for the event.
- **OTHER** – February 9th RiseVT Show Up – ski or snowshoe starting at Greens Corner parking area.

Trail Maintenance by Council – R. Bessette and C. Hickey will continue to weed whack.

UPDATES

- **LVRT** – B. Remmers invited the Council to attend the January 23rd VT Housing Conservation Board meeting to discuss how to move forward and fundraising. Bridge in Sheldon is to be completed June 2019.
- **VAST** – M. Bushey reported that they have groomed 3-4 times and have invested in new junction signage.
- **NBRC** - G. Brunswick was requesting a few Council members be part of the MVRT Marketing and Wayfinding Project Consultant selection process on January 25th and interviews to take place on February 1st. D. Stanley volunteered.
- **Website 2019** – A. Adams updated that E. Adams from NRPC will be designing a new website for the RT and at the May 2019 Council meeting present the Council with the new layout, at that time Council can suggest changes.

OTHER BUSINESS – Discussion regarding the responsibility of plowing the parking areas in the winter time. A. Adams will follow up with Vtrans on involvement, if any. Next meeting invite Tom Benton asking for an article in the Messenger to promote the trail and grant that has been received. Discussion on Mobile app and what funding is available, B. Remmers will work with R. Bessette.

NEXT MEETING

Our next meeting will take place on Monday, March 18, 2019.

ADJOURNMENT

The meeting adjourned at 7:06 pm.

Minutes Approved: _____

Missisquoi Valley Rail Trail Marketing and Wayfinding Project

March 18, 2019 Kick-off Meeting Outline

Project Consultants: Drew Pollock-Bruce from SE Group and Russ Roca from Path Less Pedaled

1. **Introductions and Overview**
 - a. **Project & Goals**
 - b. **Consultant Team**
 - c. **Committee members and desired outcomes**
2. **Project Timeline and Schedule**
 - a. **Council meeting dates and check in meetings**
 - b. **Community Visit and Ride Scheduling**
 - c. **Trail Branding and Business Summit Event**
3. **Situational Analysis**
 - a. **Stakeholders**
 - b. **Previous or on-going discussions, plans, and initiatives**



This event has been organized to celebrate the life of Ken Appel, a passionate cyclist who passed away from neurodegenerative brain diseases Progressive Supranuclear Palsy (PSP) and Frontotemporal Dementia (FTD).

Ken's Ride will honor his wish that a cure be found for these Prime of Life Brain Diseases that consume a person, slowly attacking their physical, mental, independence, mobility, and communication.

The event will occur rain or shine on the Missisquoi Valley Rail Trail between St Albans and the Sheldon Bridge in Sheldon, VT from 8 am – 12 pm, parking at CarePartners Adult Day Center at 34 Franklin Park West. Ride as far as you wish – have fun, enjoy the scenery, smell the flowers or ride as Ken did, as fast and as hard as you can.

The proceeds of the event will be shared between CurePSP, a national organization that helps supports research efforts to find a cure and treatment for Prime of Life Brain Diseases (PSP, FTD, CBD, MSA, ALS) and a local agency, Franklin County Home Health